

The Home Within

Healing from Emotionally Immature Parenting
and Creating Inner Safety

Ready to Heal? Join 'The Home Within' Therapeutic Group

Are you ready to break free from emotional patterns rooted in your past? The Home Within is an 5-week therapeutic group designed to help you heal from the impact of emotionally immature parents — and become your own safe, trusted adult.

- ✓ Heal emotional wounds
- ✓ Set healthy boundaries
- ✓ Release guilt and shame
- ✓ Connect with others on a similar journey
- ✓ Find your inner wisdom and connect to your Higher Self

Led by experienced therapists in a compassionate and supportive environment.

Whether you are coming again or joining us for the first time!

 **When?: October 14, 2025 from 6:00 to 8:00pm**

 **Location: Edmonton Seniors Centre 3Y, 11111 Jasper Avenue**

Entrance is located at the corner of 100th Ave & 112th St. Edmonton AB

Covenant Health (behind the front desk to the left)

(the old Edmonton General Hospital)

Street parking available in the area and paid parking lot adjacent to entrance

 **Register now: deanna@deestherapeuticcounseling.net or wendymyshak@pm.me**
call/text 780-237-5899 for more information

Step into your strength and join us today. Your investment: \$333

A deposit of \$111 is required to secure your spot

(price includes materials and workbook)

Ask us about a payment plan that suits your finances.

Your facilitators: Deanna Clarke RTC and Wendy Myshak RTC